

THE HYDRO

Warmbaths, a Forever Resorts

Treat your body,

Feed your soul!

Built at the source of our famous hot mineral spring, The Hydro is proud to offer a wide variety of spa treatments to revitalize your mind, body & soul.

MASSAGE THERAPY

A Full Body massage incl. the arms, legs, back, neck & shoulders.

A Back massage incl. the back, neck & shoulders.

Please note that we do not massage the stomach or buttocks.

Treatment time includes dressing time.

All couples massages include a scalp massage.

Swedish Massage♥	Standard massage.
Full Body	60 min. Per Person R550 Per Couple R1150
Back	30 min. Per Person R350 Per Couple R750

Lomi Lomi Massage	Firm massage.
Rungu Massage	African Rungu stick massage.
Hot Stone Therapy	Warm Basalt stone massage.
Full Body	60 min. Per Person R640 Per Couple R1330
Back	30 min. Per Person R450 Per Couple R950

Fusion Massage♥	Incl. Scalp Massage
Aromepathic massage using a combination of Swedish, Lomi Lomi & Hot Stone suit your unique individual needs.	
Full Body	90 min. Per Person R1045 Per Couple R2090
Back	45 min. Per Person R675 Per Couple R1350

Hydro Head Massage♥	
	30 min. Per Person R290

Foot Spa & Reflex Foot Massage♥	
	45 min. Per Person R420

Leg Massage♥	30 min. Per Person R325
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MASSAGE ENHANCERS

A Massage ADD-ON to enhance therapeutic benefit.

Enhancers do not add to treatment time.

Aroma♥	Full Body R160 Back R90 Legs (full body) R90
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Scalp Massage♥	5 min. incl. in massage time R65
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INFRA-RED SAUNA

Not for pregnant ladies and persons suffering from heart problems and high blood pressure 15 min. **R70**

MINERAL TUBS

Bubble-Jet bath filled with mineral water.

Swimwear is compulsory for all couples tubs.

Mineral Tub♥	Per Person R75
20 min	Per Couple Sharing R130

TUB ENHANCERS

A Mineral Tub ADD-ON to enhance therapeutic benefit.

Herbal♥ R35

Select the herb that suit your personal needs.

Vitality Aroma♥ R90

Aromatherapy oils ideal for persons in need of a boost.

Dead Sea Salt♥ R165

A mineral boost to improve health and vitality.

Detox Aroma Oils and Thermal Wrap R165

Not for persons suffering from heart conditions & high blood pressure. 30 minutes extra for thermal wrap. **Not For Couples**

BODY THERAPY♥

Full Dead Sea Mud Cocoon 30 min. R570

Healing and relaxing mineral rich mud

African Cocoon 30 min. R570

Choose from a Nourishing or Detoxifying wrap

Lavender Glow 60 min. R575

Dead Sea Salt & Lavender body scrub & wrap followed by a Tub.

Golden Glow 30 min. R490

Healing Dead Sea Salt body scrub and wrap.

Body Exfoliation 30 min. R340

Exfoliating body scrub and wrap.

JOURNEYS

Swimwear is compulsory for all couples Journeys.

Available 9H00, 10H00 & 14H00

Purifying Water Journey 180 minutes

Sauna, Detox Aroma Tub, Detox African Cocoon, Rest Period, Swedish Full Body and Scalp Aroma Massage.

Per Person R1340

Per Couple R2630

Healing Water Journey♥ 180 minutes

Sauna, Dead Sea Salt Tub, Dead Sea Mud Cocoon, Rest Period, Swedish Full Body and Scalp Aroma Massage.

Per Person R1340

Per Couple R2630

Tranquil Water Journey♥ 180 minutes

Sauna, Herbal Tub, Body Exfoliation, Rest Period, Swedish Full Body and Scalp Aroma Massage.

Per Person R1050

Per Couple R2050

Beautifying Water Journey 180 minutes

Mani, Pedi, MediPedi, Classic Facial, Scalp Massage & Eye Treat

Per Person R1135

Per Couple R2270

Tel: 014 736 8500 | Direct Line: 014 736 8530 (8H00-16H00)

E-mail: warmbathshydro@foreversa.co.za

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FACIALS♥

Incl. optional brow shape. **Couples FACIALS incl. a Scalp Massage.**

Classic Facial	60 minutes	
Standard Facial	Per Person	R495
	Per Couple	R1040

Spa Facial	90 minutes	
Incl Spinal Treatment, Hand & Foot Massage	Per Person	R725
	Per Couple	R1500

Luxury Spa Facial	120 minutes	
Incl. Eye Treatment, Spinal Treatment, Hand, Foot & Scalp Massage & 30 minute Aroma Fusion Back Massage	Per Person	R1140
	Per Couple	R2280

FACIAL ENHANCERS♥

*ADD-ON. Additional to facial price. Do not add to the time.

*Deep Pore Cleanse Treatment	R55
*Eye Slices Treatment	R70
* Hand OR Foot Massage	R70
Lash OR Brow Tint	R70
Lash & Brow Tint	R120
Sinus Treatment	15 minutes R75

HANDS & FEET

We do not offer artificial nails or the removal of artificial nails.

Manicure ♥	60 minutes	R290
Hydro Hand Treat ♥	90 minutes	R360
Pedicure ♥	60 minutes	R315
Hydro Foot Treat ♥	90 minutes	R375
Happy Feet Treatment	45-60 minutes	R295
Foot Scrub, MediPedi, Foot Mask & Massage		
Gel Paint	approx. 45 minutes	R255
Gel Soak Off	approx. 30 minutes	R100
File & Paint ONLY ♥		R100
**MediPedi	ADD-ON for feet	R65

Not suitable for pregnant ladies

WAXING♥

Full Leg	R255
Half Leg	R180
Under Arm	R100
Face	R130
Lip OR Chin OR Brow	R65
Bikini	R120
G – String	R150

SIGNATURE TREATMENT

Spinal Mud, Foot Ritual (File, Exfoliate, Massage), Facial Ritual (Cleanse, Tone, Massage), Combination Hot Stone / Lomi Lomi Full Body & Scalp Massage with Aroma oil.

120 minutes	Per Person	R1100
	Per Couple	R2200

KIDZ SPA

Kidz Spa available for children ages 4 - 12

KIDZ MESSAGES

Kidz Hydro Head	20 minutes	R230
Kidz Back Massage	20 minutes	R280

KIDZ MINERAL TUBS

Swimwear compulsory for all Kidz tubs.

Kidz Mineral Tub	Per Person	R60
15 minutes	Per Couple	R105
Kidz Herbal Tub	Per Person	R95
15 minutes	Per Couple	R140

KIDZ FACIALS

Personalize your treatment by adding an Enhancer.

Kidz Mini Facial	20 - 30 minutes	R200
Kidz Teen Facial	45 minutes	R375

KIDZ HANDS & FEET

Mani, Pedi & Paint include 2 optional Nail Art Stickers.

Hand or Foot Massage	15 minutes	R75
Kidz File & Paint	15-30 minutes	R80
Kidz Mini Mani	20-30 minutes	R160
Kidz Manicure	45 minutes	R215
Kidz Mini Pedi	20-30 minutes	R165
Kidz Pedicure	45 minutes	R235
*ADDParaffin Wax	45 min extra	R65

KIDZ SIGNATURE TREATMENT

Kidz Hydro Head Massage, Kidz Mini Facial, Kidz Hand and Foot Massage 45-60 minutes **R450**

ONE DAY SPA PROGRAMS

Swimwear is compulsory for all couples Programs.

All Packages start at 9H00 with a planning session to assist us in customizing your program to meet your unique needs and include a welcome beverage & muffin and incl. Lunch, use of The Hydro Pools, Body Buffing, Sauna, Prescribed Mineral Tub, Body Therapy, Rest Period & 60 min. Full Body and Scalp Aroma Massage

One Day Spa Program♥

approx. 6 hrs
Incl above mentioned and your choice between a Manicure OR Pedicure OR Classic Facial.

Per Person	R1840
Per Couple	R3580

Exclusive One Day Spa Program♥

approx. 8 hrs
Incl. above mentioned and a Manicure, Pedicure & Classic Facial.

Per Person	R2370
Per Couple	R4640

♥ Treatments suitable for healthy pregnant ladies
Terms and Conditions apply.

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BOOKING POLICY

- Open 9H00 – 17H00, 7 days a week excl. Christmas Day & New Year's Day.
- We recommend that you book in advance via E-mail, but telephonic bookings can also be made.
- No bookings will be taken without immediate payment. We cannot confirm the availability of unpaid treatments.
- Please arrive 15 minutes prior to your appointment time so that you do not lose any of your precious treatment time.
- Persons who arrive late may still be accommodated with the condition that the scheduled treatment time may not be exceeded and the full fee remains.
- We reserve the right to terminate treatments of persons who have consumed alcohol.
- Should you have any physical or medical condition/s of a serious nature, we kindly advise you to inform your therapist prior to your treatment.
- To assist us in making your experience unforgettable, please feel free to ask questions and tell us if we need to adjust the water temperature of your tubs or the pressure of your massage. Please let us know if you experience any discomfort.
- We recommend that you relax 15 to 30 minutes in our rest area after you have had a tub or body wrap. Please inform the therapist if you would like to rest after your massage treatment. Please respect the tranquillity of our rest area.
- Hydro pool entrance only included with Spa Packages.
- IR Sauna only included with Spa Packages and Journeys.
- Prices, times and other details subject to change without notice.

CANCELTION POLICY

- Should you wish to cancel or change an appointment, please contact The Hydro directly.
- We require a minimum of 3 hour notice to change or cancel an appointment.
- **No-shows will ensure a 100% cancelation fee.**

BANK DETAILS

WARMBATHS, A FOREVER RESORT
ABSA CHEQUE ACCOUNT
BRANCH NR. 632005
ACCOUNT NUMBER 4057911666

Email us the deposit slip.

Please include the following information:

- Name & contact number
- Treatment booked, date and time of treatment
Please bring your original deposit slip with.

NOTICE



Warmbaths, a Forever Resort

Like us on Facebook to receive our monthly specials

INDOOR POOLS

First Session 07:00 – 16:00

Day Visitors (4 years & older) R120 p.p.

Senior Citizens (60 years & older) R70 p.p.

Second Session 17:00 – 22:00

Day Visitors (4 years & older) R140 p.p.

Senior Citizens (60 years & older) R70 p.p.

Price Valid Per Session

THE HYDRO POOL ETIQUETTE

- Resort residents **wearing** the correct I.D. bracelet have free access to The Hydro pools.
- On the day of departure resort residents may make use of The Hydro pools until 16H00, but need to pay the normal day visitors fee from 17H00.
- **No LOUD or rowdy behaviour** is allowed in The Hydro. We do not recommend using the facilities when under the influence. We reserve the right to remove intoxicated guests from The Hydro.
- Splashing, jumping and playing with balls, Frisbees & boats are prohibited. Big pool toys are not allowed.
- For hygienic reasons **only recognized custom-made swimwear is allowed** in The Hydro pools. A T-shirt and/or ski-pants may be worn with swimwear but no other clothing will be allowed in the pool.
- **No smoking, incl. e-cigarettes**, in The Hydro. This includes the indoor and outdoor areas.
- **No alcoholic drinks** or glass objects are allowed in The Hydro. Food may only be consumed at the outdoor tables.
- Please do not leave your personal belongings unattended. Lockers are available at The Hydro pool. Guests could either bring their own lock or purchase a lock from The Hydro entrance.
- Due to the health risk posed by the high temperature of the water children under the age of 16, pregnant ladies and persons suffering from blood pressure and heart problems should avoid the rheumatism pool. It is recommended that you drink lots of water to avoid dehydration.
- Parents of children under the age of 3 should be aware of the health risks involved with small children making use of The Hydro pools.
- Please do not leave small children unattended, as this could be disruptive to other guests and unsafe for your children.
- Due to hygiene we only allow swimming nappies and children should wear tight fitting swimwear.

PRICES VALID TILL 31 SEPTEMBER 2019

VOUCHERS

Vouchers are available at The Hydro.

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